



एस सी आई
संदेश



SCI
Sandesh

Newsletter of The Shipping Corporation of India Ltd.
भारतीय नौवहन निगम लिमिटेड की समाचार पत्रिका

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भारतीय नौवहन निगम लिमिटेड
(भारत सरकार का उद्यम)

The Shipping Corporation Of India Ltd.
(A GOVERNMENT OF INDIA ENTERPRISE)

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Hon'ble Minister visits SCI Head Office

Shri Mansukh Mandaviya, Hon'ble Minister of State for Shipping (Independent Charge) visited SCI Head Office in Mumbai in August 2019. He was welcomed by Capt Anoop Kumar Sharma, CMD, functional Directors and the SCI family. Firstly, he paid tribute to the "Father of the Nation" and other leaders.



With a view to obtain direct feedback and suggestions towards policy making, as desired by Hon'ble Minister, several stakeholders of SCI and Indian Shipping industry at large were invited for an interactive session. Hon'ble Minister expressed satisfaction about the interactions.



Hon'ble Minister reviewed on-going activities at SCI and held detailed discussions on various projects. During the course of the review, he interacted with top management personnel of SCI.



On the sidelines of the interactions, Hon'ble Minister agreed to unveil the latest edition of "SCI Explorer" - an in-house HR magazine of SCI, in the presence of CMD, SCI and all functional Directors.



The SCI family is grateful to the Hon'ble Minister for this support and guidance. ❖

अध्यक्ष की कलम से

मेरे प्रिय सहयोगियों,

मुझे यह जानकर खुशी हुई कि संपादकीय टीम हमारी इन-हाउस त्रैमासिक पत्रिका 'एससीआई संदेश' का यह संस्करण ला रही है।

एससीआई ने 30 जून 2019 (Q1FY20) को समाप्त तिमाही में, 30 जून 2018 (Q1FY19) को समाप्त तिमाही की तुलना में काफी बेहतर वित्तीय परिणाम अर्जित किए हैं। एससीआई की समेकित आय Q1FY19 में 913.09 करोड़ रुपये थी जबकि Q1FY20 में यह समेकित आय बढ़कर 968.23 करोड़ रुपये हो गई। नतीजतन, इस अवधि के दौरान समेकित घाटा 190.39 करोड़ रुपये से घटकर 28.90 करोड़ रुपये हो गया। वित्त वर्ष 2018-19 की पहली तिमाही की तुलना में, वित्त वर्ष 2019-20 की पहली तिमाही काफी अच्छी रही क्योंकि हम अपने जहाजों के लिए बेहतर चार्टर पार्टियों को हासिल करने में सक्षम रहे, और बढ़ते परिचालन दिनों के मामले में इसका बेहतर उपयोग हुआ है। इसके अलावा, अधिक परिचालन क्षमता के कारण EBITDA मार्जिन में काफी सुधार हुआ है।

वैश्विक जीडीपी और विश्व व्यापार वृद्धि जैसे कारक शिपिंग उद्योग में क्रमिक रूप से सुधार लाने सहायक रहे हैं। तथापि, कई भू-राजनीतिक और स्थानीय कारक व्यापार वृद्धि में बाधा डाल रहे हैं। 'व्यापारिक युद्ध' आरंभ हो चुका है और इससे विश्व अर्थव्यवस्था पर असर पड़ना शुरू हो गया है। अन्य भू-राजनीतिक घटनाओं के अलावा, जैसे कि ईरान पर अमेरिकी प्रतिबंधों की वापसी, स्ट्रैट ऑफ होर्मुज में तनाव, यूरोप में आर्थिक चिंताएं, वेनेजुएला में राजनीतिक चिंताएं आदि वैश्विक व्यापार में वृद्धि के लिए अनिश्चितताओं को बढ़ा रहे हैं। समुद्री व्यापार के कई क्षेत्रों में पैठ होने के कारण, एससीआई एक बहुमुखी कंपनी है। फिर भी, टैंकर सेगमेंट व्यापारावर्त के लिए सबसे बड़ा योगदानकर्ता है। पिछले कुछ समय के दौरान, टैंकर और ड्राई बल्क सेगमेंट ने चार्टर दरों में कुछ सुधार और मध्यम वृद्धि की झलक देखी है। हमारी कंपनी IMO के सल्फर 2020 का अनुपालन करने के लिए भी तैयार है, जो 01 जनवरी 2020 से प्रभावी हो जाएगा।

सीखने की पहल में उचित सफलता हासिल करने के बाद, कर्मचारियों के बीच निरंतर सीखने की आदतों को विकसित करने और एससीआई को एक शिक्षण संगठन बनाने के लिए कई प्रयासों पर ध्यान केंद्रित किया गया है। हमने सीखने और कर्मचारियों को जोड़नेवाले पहलकारी उपायों में पर्याप्त सफलता हासिल की है जिसके परिणामस्वरूप कई पुरस्कार और सम्मान हमें प्राप्त हुए हैं। इसके अलावा, क्षेत्रीय/राष्ट्रीय स्तर पर विभिन्न बौद्धिक व्याख्यानो और प्रतियोगिताओं में एससीआई का सक्रिय रूप से प्रतिनिधित्व किया गया है और इसकी विशेष रूप से सराहना हुई है। प्रशिक्षण कार्यक्रमों और कर्मचारियों से जुड़े पहलकारी कदमों की गति को देखते हुए, मेरी यह कामना है कि अधिक से अधिक कर्मचारी इन कार्यक्रमों में भाग लें, सीखते रहें और कंपनी में 'निरंतर सुधार' की संस्कृति का निर्माण करें।

'लर्न, अनलर्न और री-लर्न'।

From Chairman's Desk

My dear colleagues,

I am pleased to note that the Editorial Team is bringing out this edition of our in-house quarterly magazine 'SCI Sandesh'.

SCI has achieved significantly improved financial results during quarter ended 30th June 2019 (Q1FY20) compared to quarter ended 30th June 2018 (Q1FY19). SCI's consolidated income increased from Rs.913.09 crore in Q1FY19 to Rs.968.23 crore in Q1FY20. Consequently, consolidated losses narrowed down from Rs. 190.39 crore to Rs.28.90 crore during this period. Q1FY20 was considerably better than Q1FY19 because we were able to secure improved charter hires for our ships, and had better utilization in terms of increased operating days. In addition, greater operational efficiencies have led to a much improved EBITDA margin as well.

Factors such as global GDP and world merchandise growth have been aiding gradual recovery in shipping. However numerous geo-political and local factors have been hampering trade growth. 'Trade Wars' are here and have started impacting the world economy in real time. In addition other geopolitical events such as the return of US sanctions on Iran and the resultant tension at Strait of Hormuz, economic concerns in Europe, political concerns in Venezuela etc are adding further uncertainty to the growth in global trade. Having presence in multiple segments of the maritime trade, SCI is highly diversified. However, the tanker segment is the largest contributor to the top line. During the past couple of quarters, Tanker and Dry Bulk segments have seen some revival and moderate increase in charter rates. Our company is also well geared to comply with IMO's Sulphur 2020 which will take effect from 01st January 2020.

Having achieved reasonable success in learning initiatives, several efforts have been concentrated on inculcating the habits of continuous learning amongst employees and to make SCI a learning organisation. We have achieved reasonable success in learning and employee engagement initiatives resulting in several awards and accolades. In addition, SCI has been actively represented at various intellectual discourses and competitions at the regional / national level with special appreciation. Keeping the tempo and momentum of training programmes and employee engagement initiatives, it is my wish that more and more employees participate, continue to learn and build a culture of 'continuous improvement' in the Company.

'Learn, Unlearn and Re-learn'.

- Capt Anoop Kumar Sharma, CMD

- कप्तान अनूप कुमार शर्मा, सीएमडी

Passenger Ferry Service at Sardar Sarovar Statue of Unity Site

Sardar Sarovar Narmada Nigam Limited (SSNNL), a Government of Gujarat undertaking has built and dedicated to the nation, the statue of Sardar Vallabhbhai Patel (Statue of Unity) in October 2018, at Kevadia, Narmada District of Gujarat. Government of Gujarat has decided to start a ferry service around the Statue of Unity, an iconic 182 meter tall structure located approximately 90 km from Vadodara. The Shipping Corporation of India Ltd has been engaged by SSNNL as consultant for selection of integrated operator for running Passenger ferry service around Statue of Unity site.

This boating project being one of the most important time-bound project undertaken as part of the Integrated development of Kevadia had to be commissioned on the stipulated time. However, this prestigious assignment was fraught with many challenges, such as stringent timelines, techno-commercial viability study including finalization of technical specifications of boats, ascertaining terminal facility requirements, evaluating various techno-commercial factors for arriving at the optimum ticket cost and carrying out sensitivity analysis for various scenarios for guidance of the prospective bidders.

The process of selection of boat operator in a time bound manner constituted of many activities, such as preparation of SCI work scope with proposed consultancy rates for approval by SSNNL, enquiring about the existing boat operators, existing routes and fare structure,

techno-commercial feasibility study report, preparation of RFP document by judiciously incorporating the technical and financial qualifying criteria, clarification of pre-bid queries and on concession agreement, technical and commercial evaluation of bids.

Despite aforesaid challenges and complexities, SCI was able to execute this project within the stipulated timeline. "Unity Boat services Pvt Ltd", a consortium of M/s Mandovi Drydocks & Priyadarshani River Cruises, is the successful bidder, and they have vast shipbuilding and repair experience, whereas its partner M/s Priyadarshani River Cruises has ferry operation experience.

It is expected the boats would be deployed as per schedule, i.e by the 1st week of October 2019. This project will be beneficial for eco-tourism and regional development. It can be stated that this project has not only been a fascinating experience to accomplish in such a limited time frame but has also opened the doors of consultancy from other similar prospective customers like Mumbai Port Trust, Maritime Boards, Shipyards, etc who after knowing about our technical capabilities have shown interest to appoint SCI as their consultant for their upcoming projects, viz. commencement of ferry services and water taxi service, acquisition of second-hand floating drydock etc. SCI is bound to reap the benefits of such consultancy services for a long time to come.



IP Training Programme by Transparency International India

Purchase and Services Department along with Transparency International India conducted a one-day Integrity Pact training programme on 10th July 2019 at the Maritime Training Institute, Mumbai. The training programme was inaugurated by Director (T&OS), Mr Rajesh Sood.

The training programme was conducted into two parts. In the first part, Mr Arun Mehta, Controller (Stores), Konkan Railways covered four major topics viz. Challenges in Public Procurement,



Role of Integrity Pact in Public Procurement, Government E-marketplace (GeM), and General Financial Rules (GFR) 2017: Role of GFRs in Government Procurement. He elaborated the Challenges in Public Procurement and the role

the Integrity Pact in Public Procurement with case studies. He also touched upon the details of GeM and indicated the ease and financial savings that organizations can achieve from it.

The second part of programme was aimed to capture facets of Right to Information with special reference to Section 4 of the RTI Act by the Public Authorities. This session was taken by Shri Bhaskar Prabhu, Founder - Convenor of Mahiti Adhikar Manch and Maharashtra Right to Information Council. He pointed out the fact that the organization which follows systematic procedural record management system and maintains maximum information and transparency on their website does not find RTI as a hindrance, but a tool to improve its systems.

The training program was well appreciated by all the participants and the positive feedback was received for organizing more such training programs in future. The training was attended by 34 officers across various Divisions / Departments and from other regional offices of SCI.



Practical Workshop for Superintendents

A five-day practical workshop for superintendents was organized at MTI, Powai from 1st to 5th July 2019 by SCI under the guidance of DNV-GL Class to provide with the knowledge, understanding and proficiency necessary to fulfil the role of Superintendent. There were 15 participants from various divisions of SCI.

The workshop was started with a lecture by SCI Ex-Director Capt K Devdas, on the basic introduction to the role of superintendent within the organisation and the inter-relations of company with other stakeholders. On the second and third day, the entire focus was on International shipping regulations, surveys, certificates, FSI/PSC obligations as well as environmental issues. The dry docking related issues, new developments in construction of

ships with latest technology were discussed on the fourth day.

The final day of training highlighted the usual tasks of superintendent in day-to-day operations of the vessel, including maintenance and cost control. The valedictory function was presided over by Shri S. V. Kher, Director (B&T). Other dignitaries like Shri Rajesh Sood, Director (T&OS) and Shri S P S Jaggi, Director (P&A) along with Capt Narendra Kumar, Principal MTI, Capt K Devdas, Ex-Director, SCI and Shri Girish, DNV-GL were also present on this occasion. The training workshop programme was appreciated by the participants for imparting essential knowledge about superintendent's role in managing day-to-day operations of ships.



COA between SCI & TANGEDCO

The Shipping Corporation of India Ltd (SCI) and Tamil Nadu Generation and Distribution Corporation Ltd (TANGEDCO) have entered into a Charter of Affreightment (COA) on 22nd August, 2019 for costal movement of thermal coal in bulk, which would be loaded from Paradip for discharge at Ennore. The COA has been signed for Panamax parcel size, and the cargo would be 5 lakh MT + 10% at Charterer's option.



This is a good beginning which has the potential to expand leaps and bounds with TANGEDCO Ltd planning to expand their power generation capacity. Within the next one and a half year, 5500 MW additional output is planned, for which 20 million MT coal movement will be required.

This milestone COA will mutually benefit the parties involved. Informatively, our good vessel m.v. "Vishva Vijay" completed her first voyage under the COA successfully on 4th September, 2019.



ETO Course Completion Ceremony

SCI's Maritime Training Institute at its Powai campus celebrated the course completion ceremony of its pilot batch of Electro-Technical Officer (ETO) Course on 25th April, 2019, which started from 03rd December, 2019. Director (T&OS), Mr. Rajesh Sood graced the ceremony as the Chief Guest, accompanied with Mr. Deepak Chaturvedi, Chief Vigilance Officer.

Capt. Narendra Kumar, Principal, SCI-MTI welcomed all the respected dignitaries, faculties, passing out Cadets and their parents and guardians. He congratulated all the ETO trainees for achieving this milestone and mentioned that the first batch of ETO included 5 female officers among total strength of 39, which clearly indicates the emphasis of SCI on gender diversity on its fleet and in merchant navy profession nationally and globally. He continued stating that MTI is the root of SCI, which, when nourished well, provides strength and quality to flourish the SCI fleet. The Principal told the gathering that SCI-MTI management is committed to bring the positive changes in all facets of the Institute, such as facilities, infrastructure, faculty and teaching pedagogy.

Capt. Kumar shared that the MTI team has worked rigorously for commencing the course and that too with almost full to its approved intake capacity. He informed that MTI partnered with International Maritime Training Centre (IMTC) for the workshop training for its ETO trainees, which has world class facilities for imparting such practical trainings. Emphasizing on the importance of electrical equipments nowadays on ship, he said that the scope for Electrical Technical Officer is limitless and they should continue augmenting their learning curve, without comprising on the quality and safety of themselves and their teams.

The welcome speech was preceded by the national song sung by the MTI female trainees. Thereafter, Mr. Ajay Gupta, Engineering Faculty, MTI hosted the function and presented the course report of ETO – first batch. As he mentioned, in first week the trainees were introduced to their campus for their career profile and overall view of the shipping in general and were given lectures on different vocational subjects. The four months

ETO Course was conducted as per the guidelines of DG Shipping and the daily routine i.e. from 06:00 AM to 10:00 PM was strictly followed by trainees. The ETO trainees were also introduced to ILO convention MLC 2006.

During the ceremony, all the best performers in various sports events were awarded with the certificate and trophies by the Chief Guest and CVO. The award for Overall Proficiency in Academic was given to 'Cadet Rajesh' and 'Cadet Jiten', whereas, 'Cadet Srinivas Karan Mangaldas' was awarded the Overall Best Cadet for ETO Batch 1, 2019. Course Certificates were awarded to all the cadets by the Guests and Principal, MTI.

Mr. Deepak Chaturvedi, ITS Chief Vigilance Officer, SCI shared the valuable words of wisdom to the passing out cadets. He advised all the trainees to be a worthy officer as well as a good citizen by leveraging their learning that they have acquired from the Institute. He shared the adventure and the criticality of this profession where there is no territorial support in cases of emergencies and hence, suggested the cadets to give utmost attention to the standard operating procedures of the company.

Chief Guest Mr. Rajesh Sood, Director (T&OS), SCI in his powerful speech reminded all how the term 'Electro-Technical Officer' was coined by IMO, which replaced "Electrical Officers". He advised the cadets to be good team players and be a team member with whom everyone wants to sign on and not sign off. He quoted, "TEAM – Together Everyone Achieves More" and shared his sailing experiences of how a good team member is appreciated by all. Ending his speech, he congratulated all the ETO trainees and advised them to never stop learning, dreaming and achieving.

The ceremony summed up with Vote of Thanks by Cadet Mandeep Singh Thakur and a recital of Indian National Anthem.

Cancer and life thereafter

A Cancer survivor and the family cannot forget the trauma during the treatment and recovery period. I am grateful to Tata Hospital, Mumbai for the treatment.

I carried out a lot of study and research on the subject, and I wish to share the following findings.

Apart from genetic problems, cancer happens in the human body due to malfunction of endocrine glands. Inflammation in part of the body should not be allowed to prolong, else it can be harmful to human immune system.

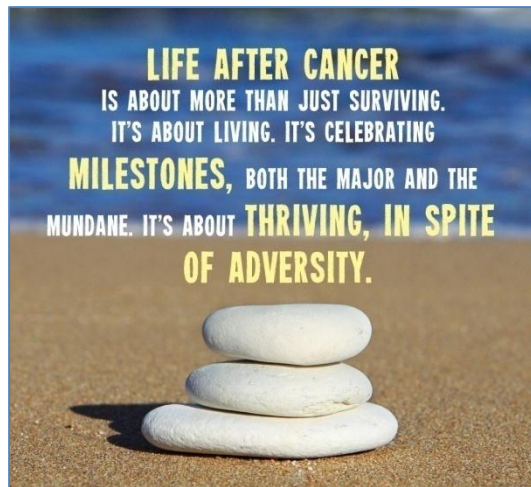
Throat, lungs, colon, rectum, liver and breasts are some of the areas where cancer occurs due to unexpected and uncontrolled cell growth and cell multiplication. However, it may develop anywhere. Malfunctions in nervous system cause genetic defects and malfunction in endocrine glands further create conditions for development of cancer in the body. Depressed person can suffer from cancer due to poor mind to body coordination. Children should be kept stress-free and away from TV and smart phone.

One of the reasons could be fatigue and stressful life people live these days.

Proper breathing and sleeping is very important apart from eating all seasonal fruits and vegetables. Adequate proteins should be taken with carbohydrates and fibres to maintain a good health. Alkaline foods are equally important to ensure alkalinity in the body at 7.34 and above. The use of sugar, milk and salt should be controlled. Maintaining circadian clock of the body is very important for good mental and physical health. Sleeping 7-8 hours from 2200 hrs to 0600 hrs, no disturbance from TV, cell phone etc at night.

Having enough water in the morning (3-4 glasses) with Yoga, pranayam and meditation, exposure to sunlight is key to avoidance and prevention of cancer. Constipation to be avoided by staying hydrated and avoiding pungent, spicy, fried, stale foods. Earth energy, Cosmic energy, Sunlight, Air,

water and agni are the basic elements for sustaining life. Chanting of OM and mantra Kling Krishna Kling is beneficial.



Following measures will prevent cancer recurrence in human body :-

- To take turmeric powder one tsf and cinnamon powder one pinch in a glass of luke-warm water in the morning. Currypatta use daily will minimise diabetes and protect the body.

- White pepper (2-3) with 2-3 cardamom to be

taken at night.

- Use of raw garlic (2-3 cloves). Carrot, beetroot and amla juice.
- Apple and its seeds. Pink Grapes and its seeds, to use Apple cider vinegar with water
- Banana, Custard apples, Apricots, Almonds, Watermelon,
- Strawberries, Amla, Guavas and Pomegranate.
- Broccoli, cauliflower, tomatoes, spinach, tendli, beans, pumpkin and lauki.
- Sprouted chana and whole moong, Carrot and beet root juice daily.
- Eggs boiled or poached. Baking soda in water is good for alkalinity.
- Lime juice daily morning. Garlic in honey is beneficial. To take green tea.
- To remain worry free, cheerful and happy. Remain busy and do some work.
- To Avoid alcohol, tobacco and cigarettes. Milk and sugar to be avoided.

Input by : **Capt C M Srivastava**
M.Sc. Maritime Affairs

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Academic Excellence

SCI congratulates these talented students and convey its best wishes for their bright future.



RIYA, D/o Mr Harikumaran P, Senior Manager, MTI Powai, has secured 94.8% in Class 10th exams conducted by CBSE Board in 2019.



AARYAN, S/o Mrs Chandan S Golatkar, DM (MTI-Library), Mumbai, has secured 91.83% marks in Class X Examination conducted by ICSE Board in 2019.



THONANGI KAUSHIK, S/o Mr T V S Jagadeep, CM (T&OS), Mumbai, has got 84% marks in ICSE Class X Examination conducted in 2019.



SWARAL, D/o Mr Gautam S Salwankar, DGM (T&OS), Mumbai, has secured 82% marks in Class X Examination conducted by Maharashtra Board in 2019.



MAULIK, S/o Mr Praveen K Rane, DGM (Finance), Mumbai, has got 95.5% marks in 10th Class Examination held by ICSE Board in 2019.



KHUSHI, D/o Mr Arun B Varma, SM (P&A-Hindi Cell), Mumbai, has secured 76.3% marks in X Class Examination conducted by ICSE Board in 2019.



SANIKA, D/o Mr Chandrakant A Naik, Manager (PR), Mumbai, has got 87.2% marks in Class 10 Examination held by Maharashtra Board in 2019.



VAISHNAVI, D/o Mr Amit V Sarfare, SM (B&T), Mumbai, has secured 85% marks in Class X examination conducted by Maharashtra Board in 2019.



ANNAMATTATHIL PAUL, S/o Mrs Junu Varghesekutty, DM (Board Secretariat), Mumbai, has got 91.57% in Class 10 Board Examination of ICSE, held in 2019.



MITANSH, S/o Mr Sanjay Kayathwal, DGM (L&PS), Mumbai, has secured 97.33% marks in 10th Class CBSE Board Examination held in 2019.



MANAN, S/o Nitin J Doshi, SM (T&OS), Mumbai, has got 83.33% marks in Class 10 Examination of ICSE Board, held in 2019.



SHRUSHTI, D/o Mrs Vandita D Patil, DM (B&T Accounts), Mumbai, has secured 77% marks in Class 10 Examination of Maharashtra Board held in 2019.



PALLAVI, D/o Mr B N Prabhupatkar, SM (Liner Accounts), Mumbai, has got 84% marks in Class 10 Examination of Maharashtra Board held in 2019.



APOORV, S/o Rajeshree A Kamble, AM (Fleet Personnel), Mumbai, has secured 63.38% marks in Class 12 (Commerce) Exam of Maharashtra Board held in 2019.



SUDHANVA RAO SANTHUR, S/o Mr S Nagesha Rao, Senior Manager, Mumbai HO, has secured 91% marks in Class XII Examination conducted by the Maharashtra Board in 2019.



SUPRIYA AROOR, D/o Mr R Suresh Kumar, Senior Manager (Retired in July 2019), Chennai Office, has completed her Masters Degree in Tourism & Travel Management in May 2018 from University of Madras.

Independence Day Celebrations

The 73rd Independence Day was celebrated by SCI, to remember and pay tribute to all the freedom fighters who fought for our Independence. On this occasion, a Ceremonial Parade was held at 0905 hrs on 15th August 2019, at Shipping House, in the traditional manner.

Shri Anoop Kumar Sharma, Chairman & Managing Director, hoisted the National Flag amid much fanfare and addressed the gathering. He reminded the employees of the clarion call: "Sabka Sath, Sabka Vikas, Sabka Vishwas", given by our Prime Minister, highlighting the path towards progress / development. Shri Mavjibhai B

Sorathia, Independent Director graced the event, as the Guest of Honour.

In the run up to the Independence Day, a Collage Making competition on the theme "Journey of Independent India (1947-2019)" was conducted with a view to foster patriotism amongst the employees. On the eve of Independence Day, a function was organized in SCI Auditorium wherein a skit was presented by the Cadets of Maritime Training Institute, Powai, and prizes were distributed to the winners of the Collage Making competition.



My fond memories with SCI



First and foremost I would like to convey my deepest gratitude to SCI for providing my family a very decent living, and SCI is our Annadata. I feel very proud to be a part of this prestigious shipping company with Navratna status and India's national and premier shipping line with the tag line "Transporting Goods Transforming Lives".

I joined SCI Chennai in May 1988 as an Assistant in Marketing Department. I had very good working relations with my superiors and other colleagues during my tenure in marketing department for 17 years. I had a very good exposure of all the leading exporters (both public and private sectors) and C&F Agents. Our Marketing team used to visit all the shippers and C&F agents in person, so that "out of sight out of mind" tag should not be in their minds and ensure that we get maximum support for loading on SCI vessels both in conventional and container vessels. SCI had worldwide shipping services during those days when other shipping lines did not have worldwide shipping services.

Very often, we used to cross 1 crore revenue freight collection from marketing department alone and our Marketing team used to distribute sweets to the entire office. On several occasions, SCI Chennai office used to transfer funds to SCI Head Office as and when required by them. Those were the golden days of SCI in the 80s, 90s and 2000s.

I worked in marketing department till January 2005. I was later transferred to Container Operations department (CONOPS) in February

2005 as Junior Officer. In CONOPS Department, I learnt a lot on various aspects of Container Operations and other vessel related operations and stowage. I worked in CONOPS department till my superannuation on 31st July 2019 as Senior Manager.

I want to thank the entire team of Equipment Control department of SCI Mumbai for guidance and suggestions rendered as and when required by me. Commercial team of Smile Service, Far East Commercial Service (INDAFEX 1 & 2 SERVICE), UK/C, Port Blair Service of SCI Mumbai for all the help and support. Liner IT department and Feeder Cell department for guiding and helping me in creating vessel schedules.

I also want to convey to all my younger colleagues who have joined SCI recently to put their heart and soul in their work with utmost dedication, sincerity and perfection and give your best to SCI, and SCI will give its best to you. We have to be versatile and not stereotyped in our work so that we learn all work of the respective department and be a backup for others during their absence, so that the work does not suffer.

With these happy memories I once again say goodbye and thank one and all for all the support and guidance extended given to me in Chennai, Mumbai and Kolkata office during my 3 decades of service in SCI Chennai.

R. Suresh Kumar,
Senior Manager (Retired), SCI Chennai

Management Development Programme for Young Managers

A two-day Management Development Programme (MDP – I) for Young Managers (Grades: E2 to E4) was organized by Personnel Department on 8th and 9th of July, 2019 at MTI, Powai. SCI has initiated a number of training programmes for the benefit of employees at all levels. MDP is one such programme which aims to enhance awareness and development of the employees in the following areas, i.e. know your company, key challenges and present business scenario, essentials of discipline management and CDA Rules, developing leadership skills, inter-personal skills, team building, developing creativity and innovation, communication and presentation skills, conflict management.

The faculty members/resources were from within SCI, and the programme witnessed engaging sessions and eager participation from the nominated employees.

SCI undertakes CSR Projects

Construction of Hostel for Underprivileged Girls:

SCI undertook the project of constructing a two storied building (girls hostel) for accommodating 36 underprivileged (dropouts) girl students near Kolkata. The hostel was inaugurated on 02nd June, 2019 by Capt Mukund Kumar, DGM (Kolkata).



The overall administration of the girls' hostel is being taken care by Uddipan Educational Trust (UET) which is a registered charitable trust. The trustee members of the trust are all volunteers who are devoting their time towards the cause out of passion.



The hostel will provide free boarding and lodging, admission to local schools with school dresses, books stationery, conveyance etc, regular evening coaching by adequate teachers in respective subjects, English speaking classes, computer awareness, sports and yoga etc, medical insurance facilities and regular health

check-ups, higher education support depending on the merit of the students and special coaching assistance for job related competitive examinations etc.

Distribution of Cloth Bags to School Children:

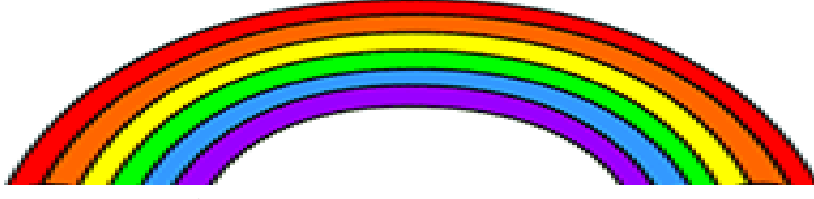


As part of various Corporate Social Responsibility initiatives, SCI distributed 10000 nos. of Re-usable cloth bags at local communities including children studying at municipal schools to encourage them to not to use plastic bags.



The program was initiated in view of the plastic ban in Maharashtra., during the period SCI was observing Swachhata Pakhwada and Swachhata he Sewa Abhiyan 2018.





इंद्रधनुष्य

"भारतीय नागरीकाचा घास रोज अडतो ओठी, सैनिक हो तुमच्यासाठी. . ."

गाण्याचे बोल कानी पडले आणि डोळे पाणावले!

चोवीस तास पाऊस, पाणी, थंडी, वादळ कशाचीच पर्वा न करता देशाचे रक्षण करित सैनिक ऊभा असतो. प्रत्येक जवान आपल्या जीवाची पर्वा न करता डोळ्यात तेल घालून दुश्मनांचा सामना करतो. यांच्या जीवावरच देशातील करोडो लोक शांत पणे झोप घेऊ शकतात. सैनिकांच्या या बलिदानाचा, या देश सेवेचा सार्थ अभिमान आणि आदर प्रत्येक नागरीकाला असायलाच हवा. लेह-लडाख यासारख्या दुर्गम ठिकाणी पर्यटक म्हणून गेलेल्या अनेकांना श्वसनाचा त्रास होऊन आपली ट्रीप अर्धवट सोडावी लागण्याची कित्येक उदाहरण आहेत. परंतु त्याच ठिकाणी गुडघाभर बर्फात उभे राहून हातात वजनदान बंदूक घेऊन आपला बहादूर सैनिक देश रक्षणासाठी रात्रंदिवस पाहारा देत असतो. नैसर्गिक आपत्ती, अतिवृष्टि किंवा इतर संकट समयी सरकारने सुट्टी जाहिर करावी अशी सामान्य नागरिकांची इच्छा असते आणि तसे केले देखील जाते. पण याहून कित्तेक पटीने अधिक विषम परिस्थितीत नियमित पणे काम करणे ही त्या सैनिकाची झ्यूटी असते. लेह-लडाख मार्गावर एक साईन-बोर्ड पहायला मिळतो, "जो आपके लिए जीवनभर का असाधारण रोमांच है, वो हमारी रोजमर्रा की जिंदगी है".

आपण सारेच पोटापाण्यासाठी नोकरी-व्यवसाय करतो, कष्ट करतो पण या कामात आणि सैनिकांच्या कामात खूप फरक आहे. सैनिकांना नोकरी म्हणून पगार जरी मिळत असला तरी विषम परिस्थितीत धीर न गमवता देश हितासाठी बलिदान देणे हा गुण मात्र त्यांच्या रक्तातून येतो, हा गुण त्यांच्या संस्कारातून येतो, त्यांच्या खडतर प्रशिक्षणातून उभरतो. म्हणूनच

राष्ट्रध्वजासमोर सलामी करणाऱ्या त्यांच्या हातात जणू लाखोंच्या हाताची शक्ति सामावलेली असते, अभिमानाने फुललेली छाती ही एखाद्या अभेद्य पर्वतासारखी असते आणि त्यांच्या श्वासाने जणू हा ध्वज गौरवाने फडकत असतो.



अशी अनोखी शक्ति आपल्या सर्वांनाच मिळायला हवी. देशाच्या प्रत्येक नागरीकाने आपला उज्वल इतिहास आणि वीरांचे बलिदान स्मरून नित्य व्यवहार करायला हवा. देशाभिमान एक अशी प्रेरक शक्ति आहे की ज्यामुळे देश विकासाचे एक अनोखे बळ नागरीकांच्या अंगी संचारते. याच बळाच्या जोरावर सत्य आणि शुद्ध आचार माणसात रूजु लागतात, पर्यायी प्रगतिपथाच्या मार्गातील अडथळे सहजतेने दूर होतात.

- प्रमोद कुंभार,
व्यवस्थापक (जनसंपर्क)

मागे वळून पाहताना



२९ जुलै २०१९, ऑफीसमधील शेवटचा दिवस! खरं तर, कधीपासून वाट बघत होते या दिवसाची, परंतु जस-जसे दिवस कमी होत होते, मन गलबलून जात होते. पोटात फुलपाखरे भिरभिरत होती. इतक्या मिश्र भावना शब्दात सांगताच येणार नाही. तरी थोडक्यात काही सांगू इच्छिते, ते असे;

मी, वर्षा चौधरी, एससीआय मध्ये २९ जुलै १९८५ या दिवशी स्टेनो-टायपिस्ट या पदावर एडहॉक बेसिस वर नियुक्त झाले. एससीआय मधील माझ्या प्रवासाची सुरुवात P&S डिविजन मधून झाली. तत्पूर्वी मी एम्प्लॉयमेंट प्रमोशन प्रोग्राम या अंतर्गत एम्प्लॉयमेंट एक्सचेंजच्या माध्यमातून १ वर्ष एससीआय मध्ये ऍप्रेन्टीसशिप पूर्ण केली होती, ती ही P&S मध्येच. थोड्याच महिन्यांत एडहॉक एम्प्लॉइजना रेग्यूलर केले गेले आणि नंतर दिवसांमागून दिवस, महिन्यांमागून महिने व वर्षांमागून वर्षे कशी गेली ते कळलच नाही. अगदी सहजगत्या पुढील प्रवास होत गेला. जसे लग्न, मुले इत्यादी-इत्यादी आणि वर्षा चौधरीची वर्षा अय्यर बनून राहिले.

P&Sच्या टायपिंग पूल मध्ये मी काम करत होते. त्यावेळेस टेलेक्स, स्टेन्सिल व टायपिंगची कामे मॅन्युअल टाइपरायटरवरच होत असे. मोठ-मोठी टॅब्लेशन करावी लागत. कामात दिवस कसा संपत होता कळत नव्हते. पण काम करण्यात खूप आनंद मिळत होता. नविन नविन कामे शिकायला मिळत होती. अगदी हसत खेळत कामे केले जाई.

त्यानंतर १९९७ साली माझी बदली दक्षता विभागामध्ये झाली. मी दक्षता विभागाच्या सेक्रेटरीएटमध्ये होते, त्यामुळे अनेक सीव्हीओ साहेबांबरोबर काम करण्याचा योग आला. कामाचे क्षेत्र विस्तारले आणि खूप अनुभव मिळाला. या सर्वांबरोबर काम करतांना खूप समाधान मिळाले. अशाप्रकारे २० वर्षे दक्षता विभागामध्ये गेली तेथे मला खूप काही शिकायला मिळाले, अनेक सहकारी भेटले ज्यांनी मला सतत कामात मदत केली, त्यांच्यामुळे माझी प्रगति होत गेली.

फेब्रुवारी २०१७ मध्ये मी पी ऍंड ए मध्ये बदली होऊन गेले. वीस वर्षां नंतर पुन्हा नविन काम, ते ही अगदी वेगळे, मनात थोडी भिती वाटलीच. कारण इथपर्यंत येतांना पन्नाशी ओलांडली होती. तरुणपणातील नविन गोष्टी शिकण्याचा उत्साह कमी झाला होता. तबबेतही कूरकूर करू लागली होती. आतापर्यंत डॉबिवली ते सीएसटीचा लोकल प्रवास मजेत करत होतो तो हळूहळू तापदायक वाटू लागला होता. अधून-मधून स्वैच्छिक निवृत्तिचा विचार मनात येऊ लागला होता. बरोबरीचे बरेच सहकारी रिटायर्ड होत होते किंवा स्वैच्छिक निवृत्ति घेत होते. त्यामुळे मन दोलायमान स्थिति होत, तरीही नविन काम शिकण्यात मौज वाटत होती. इथे बऱ्याच सहकाऱ्यांशी वैयक्तिकरित्या कामा संदर्भात संबंध येत होता. काम पूर्ण केल्यावर मन समाधान पावत होते. अशाप्रकारे पी ऍंड ए मध्ये रूढले होते आणि बऱ्याच विचारांती ३० एप्रिल २०१९ला स्वैच्छिक निवृत्तिचे आवेदन पत्र दिले. एकदा निर्णय झाला आणि मन हलके झाले. आता पुढील तीन महिने कधी संपतील असे वाटू लागले, परंतु खरे सांगू का? शेवटचा एक आठवडा राहिला आणि प्रत्येक दिवशी ३४ वर्षांचा काळ चित्रपटासारखा समोर येवू लागला. स्वैच्छिक निवृत्तिचे दुःख नव्हते, पण आता आपण आपल्या सर्व सहकाऱ्यांना व त्यांच्याबरोबर घालवलेला वेळ, केलेली हितगुज या सर्वांना मुकणार, याचे वाईट वाटू लागले.

एससीआय मधील सुरवातीपासून ते शेवटपर्यंतच्या प्रवासात मला माझ्या कुटूंबाकडून खूप सहकार्य मिळाले. कधी लवकर ऑफीसला पोहचावे लागले किंवा संध्याकाळी उशीरा झाला तरी त्यांनी नेहमीच सहकार्य केले. तसेच माझ्या सर्व वरिष्ठ अधिकाऱ्यांकडून व एससीआय मधील सर्व सहकाऱ्यांकडून मला वेळोवेळी खूप मदत मिळाली, त्याबद्दल मी त्यांची सदैव ऋणी आहे. शेवटच्या दिवशी मला जितका आनंद झाला त्यापेक्षा कैकपटीने दुःख तुम्हा सर्वांचा निरोप घेतांना होत होता. माझ्याकडून एससीआय मधील सर्वांना खूप-खूप शुभेच्छा.

- वर्षा अय्यर, सेवानिवृत्त अधिकारी
कार्मिक व प्रशासन विभाग

कोलकाता कार्यालय में हिन्दी कंप्यूटर कार्यशाला

एससीआई के कोलकाता कार्यालय के "शिपिंग हाउस" में दिनांक 25 जून, 2019 को कार्यालय में अधिकारियों एवं कर्मचारियों के लिए एक दिवसीय "हिन्दी कम्प्यूटर प्रशिक्षण कार्यशाला" आयोजित की गई. कार्यशाला का उद्घाटन कार्यालय, क्षेत्रीय महा प्रबंधक श्री सपन कुमार माजी जी ने किया और अपने संबोधन सभी उपस्थित प्रतिभागियों से यह आह्वान किया कि इस कार्यशाला का अधिक से अधिक लाभ उठाएं और यहां से प्राप्त ज्ञान का अपने विभाग के कामकाज में भरसक इस्तेमाल करें जिससे हम भारत सरकार द्वारा निर्धारित लक्ष्य को प्राप्त कर पाएंगे और तभी हमारा इस तरह का प्रशिक्षण देना सही मायने में सार्थक होगा.



इस प्रशिक्षण कार्यशाला में कर्मचारियों के मार्गदर्शन एवं प्रशिक्षण प्रदान करने के लिए संकाय-सदस्य के रूप में भारत सरकार की हिन्दी शिक्षण योजना के सहायक निदेशक (टंकण/आशुलिपि) श्री अनूप कुमार जी को आमंत्रित किया गया था.



उन्होंने प्रशिक्षण के दौरान विशेष रूप से कार्यालयीन कार्यों को यूनिकोड हिन्दी में करने का अभ्यास सभी प्रशिक्षणार्थियों से करवाया. इसके साथ-साथ उन्होंने इस बात पर भी चर्चा की कि ईमेल के इस युग में यूनिकोड हिन्दी की उपयोगिता एवं मोबाईल फोन के माध्यम से हिन्दी पत्राचार एवं कामकाज बड़ी सुगमता से किया जा सकता है।

दिल्ली कार्यालय में हिन्दी प्रशिक्षण पर जोर

कर्मचारियों को हिन्दी लेखन के प्रति अभ्यास कराने के प्रयोजन से 21 जून 2019 को हिन्दी कार्यशाला का आयोजन किया गया. इस अवसर पर पोत परिवहन मंत्रालय के श्री आर सी सेठी, अवर सचिव तथा मुख्य अतिथि वक्ता के रूप में श्री अधीर कुमार, सेक्शन ऑफिसर को प्रशिक्षण वक्ता के रूप में आमंत्रित किया गया था. श्री सेठी ने अपने संबोधन के दौरान कहा कि हिन्दी हमारे देश की राजभाषा है अपितु हम यह भी कह सकते हैं कि हिन्दी हमारी संस्कृति और देश की आत्मा है. कहते हैं, किसी भी देश का विकास उसकी अपनी भाषा पर निर्भर होता है. एक समृद्ध राष्ट्रभाषा उस देश के विकास में पग-पग पर सहायक सिद्ध होती है. यह हमारे लिए बड़े गर्व की बात है कि हमारे पास हिन्दी जैसी समृद्ध भाषा है. संबोधन के पश्चात् उन्होंने मंत्रालय

में हिन्दी किए जा रहे कार्यों पर भी विस्तारपूर्वक चर्चा की.

दिल्ली कार्यालय के कप्तान पुरी, उप महा प्रबंधक ने अपने संबोधन में इस बात को रेखांकित किया कि यदि हमें अपने राष्ट्र की पहचान को बचाना है तो हमें देश की भाषा को बचाना ही नहीं बल्कि संरक्षित एवं पल्लवित भी करना होगा, तभी यह देश एक सशक्त राष्ट्र के रूप में अपनी पहचान स्थापित कर पाएगा. कप्तान पुरी ने प्रशिक्षण सत्र के दौरान कार्यालय की हिन्दी तिमाही रिपोर्ट की समीक्षा भी की और समस्त कर्मचारियों से आह्वान किया कि वे हिन्दी कार्यान्वयन के लक्ष्यों की प्राप्ति की दिशा में हमेशा तत्पर रहें.

हिन्दी कविताएँ - कर्मचारियों की कलम से!

निर्माण

शब्द पकड़ में नहीं आ रहे हैं,
लुढ़कते-पुढ़कते कंचों की तरह,
किसी कोने में छिपते जा रहे हैं,
लगता है पानी के बुलबुले हैं
बनते हैं, फिर से बिखरते जा रहे हैं,
शब्द पकड़ में नहीं आ रहे हैं।

सोने से पहले सज़ा के रखा था
सपनों में खो गए सारे,
अब फिर से सबको बुलाना होगा,
मोतियों जैसे मालों में सजाना होगा,
कुछ यार्दें, दर्द भरी
कुछ मुस्कराहटों से हरी
कोई सुख लहू-सा लाल
कोई हिमालय-सा विशाल
कोई काटों-सा नुकीला,
कोई इंद्रधनुष-सा रंगीला,
सब एक कमरे में इकट्ठे होते जा रहे हैं
कभी डरा रहें है, कभी रुला रहे हैं
और कभी हँसा रहे हैं,
शब्द पकड़ में नहीं आ रहे हैं।

फिर से एक लुका-छिपी का खेल शुरू होगा,
एक घर का निर्माण होगा
कुछ दरवाज़े लगेंगे
कुछ खिड़कियाँ होंगी
कुछ लोग आ रहे हैं,
कुछ अपने घर वापस जा रहे हैं
शब्द पकड़ में नहीं आ रहे हैं।

- कप्तान पंकज कुमार
मुख्य प्रबंधक, टैंकर तकनीकी विभाग

क्षितिज की ओर

बात कुछ आधी-अधूरी छोड़कर,
चाहनेवालों के दिल को तोड़कर,
तोड़कर रिश्तों की कच्ची डोर में,
फिर निकल जाता क्षितिज की ओर मैं।
हर नया दिन इक नया एहसास है,
बाहें फैलाए खड़ा आकाश है,
कुछ गरजती कुछ बरसती बिजलियाँ,
ये ही हैं अपने, मेरे जो पास हैं,
छूने निकला बादलों के छोर में,
फिर निकल जाता क्षितिज की ओर मैं।
बस यही छोटी-सी है दुनिया मेरी,
राह तकते थक गई गलियाँ मेरी,
वापसी के दिन करीब आते हैं जब,
लौट आती हैं सभी खुशियाँ मेरी,
पर नहीं पड़ता कभी कमजोर मैं,
फिर निकल जाता क्षितिज की ओर मैं।

- कप्तान दीपन कुमार सिंह,
वरिष्ठ प्रबंधक, बी एंड टी प्रभाग

जीवन का सच

जीवन एक धारा है,
हम इस धारा में फूल की पंखुड़ियाँ बहा रहे हैं
भगवान जाने इन फूलों का अंत
हम सपने में खोये हैं
जब जागते हैं तो देखते ही देखते पंखुड़ियाँ दूर चली गयी हैं
हम पंखुड़ियाँ देखकर खुश हैं
शुरूआती खुशी को महसूस कर रहे हैं
हम आशावान हैं लेकिन भयभीत है
कुछ खो जाने का डर है
हम आनंद से क्रोधित हैं
विचलित हैं अब क्या करें?
हम अब उस फूल की पत्तियाँ बहा रहे हैं
ये भी दूर चली जाएंगी वक्त के साथ बचेगा कौन?
अकेले हम, और कौन?
वक्त निकल रहा है,
और हम ठहर गए हैं,
बची है सिर्फ फूलों की खुशबू.

- नवीन कुमार
मुख्य प्रबंधक, जहाज़ निर्माण और सेवा विभाग

धीरज रखिए !

अपने माता-पिता से आपने कई बार ये सुना होगा - "Have some Patience", "Be Patient". अपने निजी और कार्यालयीन जीवन में भी अक्सर सुनने को मिलता होगा. जब आपकी पत्नी को लेबर पेन हो रहा हो और आप मन ही मन में भगवान से प्रार्थना कर रहे हो कि सब कुशल हो जाए, तभी आपसे डॉक्टर ने कहा हो - "धीरज रखो". इसी तरह, कई सालों बाद की कड़ी मेहनत के बाद भी आपको प्रमोशन नहीं मिलता और फिर आपको बेचैन देख आपके सीनियर आपसे कहते हैं - "You deserve it, but have patience, अगले साल मिल जाएगा."

ऐसे ही धीरज रखने की बात बार-बार कही जाती है. अब सवाल यह है कि ये Patience क्या है? क्या यह धैर्य है, Waiting है, या कुछ और? कहा गया है कि "Patience is not just waiting, but it is about your attitude while waiting", अर्थात् "धैर्य का अर्थ केवल प्रतीक्षा नहीं है, बल्कि प्रतीक्षा करते समय आपके दृष्टिकोण के बारे में है."

यदि प्रतीक्षा करते समय आपका रवैया नकारात्मक है, तो आपकी प्रतीक्षा अवधि के बाद का परिणाम भी नकारात्मक होगा. हम हमेशा अपने बच्चों से कहते हैं कि धीरज रखिए, कुछ साल तक और मेहनत से पढ़ाई कीजिए, आपका जीवन निश्चित ही सफल होगा. ऐसी स्थिति में अगर हम धीरज रखते हैं जो कि केवल प्रतीक्षा करना ही नहीं है बल्कि आत्मविश्वास से आगे बढ़ने का एक विचार है. इस विचार को अपनाने से निश्चित ही इसका मीठा फल आपको भविष्य में प्राप्त होगा. आम का पेड़ लगाते समय जब खेत में बीज

बोया जाता है, उसे सींचा जाता है और फिर कुछ सालों बाद वह पेड़ फलदायक हो जाता है. लेकिन इस नैसर्गिक प्रक्रिया पर भरोसा न रखते हुए अगर किसान धीरज ना रखे तो शायद यह मीठा फल उगने तक हम चैन से जी नहीं पाएंगे. इसलिए धीरज का यह समय हमेशा अच्छे विचारों के साथ, अच्छी आशाओं के साथ खुद पर और रब पर भरोसा रखकर बिताना चाहिए.

विनम्रता एक ऐसा गुण है जो ऐसे धीरज के वक्त काम आता है. हम अगर एक-दूसरे के प्रति विनम्रता और प्रेमभाव के साथ बर्ताव करें तो निश्चित ही यह वेटिंग पीरियड अच्छी तरह से बीतेगा.

हम सबने महाकाय वटवृक्ष को देखा है. वटवृक्ष का बीज बहुत ही छोटा-सा होता है, लेकिन जब उसे जमीन में बोया जाता है तब यह उस मिट्टी के साथ घुलमिल जाता है. यह बीज अपना स्वभाव छोड़कर उस मिट्टी में समा जाता है, और शायद इसी गुण से वह आने वाले समय में इस तरह से जमीन में और बाहरी वातावरण में फैल जाता है कि हम उस महाकाय वृक्ष को देखकर यह अंदाजा भी लगाना मुश्किल होता है कि यह वृक्ष इतने छोटे-से बीज से उत्पन्न हुआ होगा.

इससे हमें यह सबक मिलता है कि हमारे जीवन में परिश्रम और विनम्रता के साथ धीरज का होना बहुत ही आवश्यक है.

- प्रमोद कुंभार,
प्रबंधक, जनसंपर्क विभाग

Pictures Speak



Capt. Anoop Sharma, C&MD, SCI awarded 'Maritime Personality of the Year' 2019 at 4th India Maritime Awards organised by Daily Shipping Times on 21.06.2019 at Mumbai. Award was presented by Capt. Somesh Batra & Mr. Devendra Shah.



Mrs Sangeeta Sharma, Director (L&PS) has been conferred with 'Woman Achiever Award' by Federation of Ship Agents Association of India (FEDSAI). The Award has been instituted to honour women achievers in shipping industry. Trophy was handed over by Capt P. P. Singh, Director, FEDSAI on 15.05.2019.



'Masterclass for Directors' by Institute of Directors India leading to Certified Corporate Directorship was conducted in-house at Shipping House, Mumbai from 11th-13th July 2019 for SCI's functional Directors and Senior Executives.



On the occasion of 5th International Yoga Day on 21.06.2019, SCI organized a yoga workshop in Head Office to disseminate the information about the benefits of practicing Yoga and encourage employees for practicing it for healthy and well being.



World No Tobacco Day was observed on 8th May 2019 by conducting a knowledge session and a pledge ceremony at Head Office to sensitize employees about harmful effects of tobacco use and to desist from tobacco use.



As part of Breakfast Series, a session was conducted on the topic "Power of the Spoken Word" on 5th June, 2019. The speaker of the session was Mr Stephen Lawrence Moras, Head - Learning & Development, St. Francis Institute of Management & Research



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EDITORIAL TEAM

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